

4 Free time

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fishing /ˈfɪʃɪŋ/ Noun uncount

fishing is the activity of trying to catch fish in a river, a lake, or the sea

go fishing | a fishing rod

we're going fishing at the weekend | I never enjoyed fishing | a fishing rod (the long stick with a line attached to it, used to catch fish) | fishing is very popular in Scotland

Verb: fish

my dad taught me how to fish when I was very young

on your own /ɒn jɔː 'əʊn/ Phrase

if you do something **on your own**, you do it alone and not with anyone else

I like to go to the gym on my own | she's 12 and goes to school on her own now | he spent the evening on his own | can you manage to lift that box on your own?

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collocation /ˌkɒləˈkeɪʃ(ə)n/ Noun

a **collocation** is two words that are often used together

you don't "do" a crime: the collocation is "commit a crime" | if you get the collocations right, your English will sound very natural

computer game /ˌkəmˌpjʊːtə ˌgeɪm/ Noun

a **computer game** is a game that you play on a computer

play computer games

Do you like playing computer games? | computer games are expensive to buy | an online computer game (one that you play with other people over the Internet) | don't spend too long on your computer game tonight

film /fɪlm/ Noun

a **film** is a story that is told using moving pictures. You can watch films on television, in a cinema, or over the Internet

watch a film

What time does the film start? | I like watching films on TV | my favourite film is Mad Max | I fell asleep during the film | it was a really boring film | we're making a film about the history of our school

friend /frend/ Noun

a **friend** is someone you like and who you see often to spend time with them

meet a friend | a close friend | a best friend

I'm going to meet some friends after work | Charles became a close friend while we were in Switzerland

| I was so sad when my best friend moved to Hull | I still have lots of friends from my schooldays

golf /gɒlf/ Noun uncount

golf is an outdoor sport in which you use a club (long thin stick) to hit a small ball into holes in the ground

play golf

we're going to play golf at the weekend | it was too wet to play golf | golf is my favourite sport

Noun: golfer

her dad is a keen golfer

gym /dʒɪm/ Noun

a **gym** is a room or a building with lots of equipment for people to do exercise

go to the gym

I always go to the gym on Thursdays | it costs more to go to the gym at weekends | I joined a gym this year | I prefer walking in the park to going to the gym

identical /aɪˈdentɪk(ə)l/ Adjective

if two people or things are **identical**, they look exactly the same

identical twins | the second picture looked identical to the first | both were nearly identical in size | I can make you an identical copy | the two cars looked identical

musical instrument /ˈmjuːzɪk(ə)l ɪnstrəmənt/ Noun

a **musical instrument** is an object that you can play music on, for example a guitar, a violin, or a trumpet

play a musical instrument

Can you play any musical instruments? | I wish I could play a musical instrument | she learned to play several musical instruments | a shop selling musical instruments

swimming /ˈswɪmɪŋ/ Noun uncount

swimming is a sport in which you swim in the water

go swimming | swimming pool | swimming costume

Shall we go swimming? | I love swimming | we go swimming every Saturday | a swimming pool (a big hole in the ground full of water which people can swim in) | a swimming costume (what people wear when they go swimming)

Verb: swim | Noun: swimmer

Can you swim? | she swam across the pool | a strong swimmer

Taekwondo /ˈtaɪkwɒnˈdɒʊ/ Noun uncount

Taekwondo is a sport that started in Korea. It involves two people fighting each other, kicking and spinning very fast

do Taekwondo

she has a black belt in Taekwondo (has reached a high level of skill) | I do Taekwondo after school on Tuesdays | he teaches Taekwondo at the local sports centre

PAGES 48–49**browse the internet** /ˈbraʊz ðiː ˌɪntənət/ Phrase

if you **browse the internet**, you look at different websites

she's in her bedroom browsing the internet | I found this site when I was browsing the internet | you can browse the internet from your phone, tablet, or PC | she was browsing the internet, listening to music and doing her homework all at the same time

coffee /ˈkɒfi/ Noun

if you have a **coffee**, you drink a cup of coffee
have a coffee

Do you want to have a coffee? | come round tomorrow morning for a coffee | we stopped for a coffee in Starbucks | let's have a coffee before we go shopping

online game /ˈɒnlaɪn ˌgeɪm/ Noun

if you play **online games**, you play a computer game against someone over the internet

play an online game

I play online games after school every day | online games are very popular | have fun with our free online games! | I've found a really good new online game

online shopping /ˈɒnlaɪn ˈʃɒpɪŋ/ Noun uncount

online shopping is when you buy things on the Internet

I love online shopping | online shopping is very easy | an online shopping website

phone call /ˈfəʊn ˌkɔːl/ Noun

if you make a **phone call**, you start to talk to someone using your phone

make a phone call

she's making a phone call to her brother | he stepped outside to make a phone call | I just need to make a quick phone call before we leave

social media /ˌsəʊʃəl ˈmɪdiə/ Noun uncount

social media is apps like Facebook and Twitter

I'm on social media all the time | we chat on social media every day | my dad doesn't do social media (doesn't use it) | social media is very useful for keeping in touch | more and more companies are using social media for advertising

text /tekst/ Verb

if you **text** someone, you send them a message by typing it into your phone

text me when you arrive at the airport | I always have to text my son as he never answers the phone | he texted me to invite me to a party | I tried to text you but my battery was dead

Noun: text

send (someone) a text | get a text

send me a text when you get to the airport | I got a text from Sam this morning

video /ˈvɪdiəʊ/ Noun

if you watch **videos**, you look at them on your phone, tablet, or computer

watch a video

let's watch some videos | we spent the evening watching videos on YouTube | a video showing how to cook fish | a funny video

walk /wɔːk/ Noun

if you go for a **walk**, you walk somewhere outdoors for pleasure

go for a walk

let's go for a walk this afternoon | I went on a four-mile walk before breakfast | it's too wet to go for a walk | Did you enjoy your walk?

PAGES 50–51**ball** /bɔːl/ Noun

a **ball** is a round object used in lots of games like tennis, football, baseball, etc.

a tennis ball | try and catch the ball | he kicked the ball as far as he could | throw the ball to me

baseball /ˈbeɪsbɔːl/ Noun uncount

baseball is a game played outdoors, especially in North America and Japan. Players try to hit a ball and run round a field

a baseball game | a professional baseball player | baseball is one of the most popular sports in Canada | Do you enjoy playing baseball?

basketball /ˈbɑːskɪtbɔːl/ Noun uncount

basketball is a game played indoors. Players try to throw the ball through a metal frame at each end of the court (area where they are playing the game)

Do you like playing basketball? | a basketball game | a basketball court | most basketball players are very tall

boxing /ˈbɒksɪŋ/ Noun uncount

boxing is a sport in which two people hit each other as hard as they can wearing soft gloves

a boxing match | many people think boxing is too violent to be a sport | a boxing ring (a square area with ropes round it where people box)

Verb: box | Noun: boxer

I go to a gym to box once a week | she wanted to learn to box properly | her brother is a professional boxer

cricket /ˈkrɪkɪt/ Noun uncount

cricket is a game played outdoors. Players try to hit a ball and run up and down a long pitch (strip about 20 metres long)

he plays cricket every Saturday | a cricket match | cricket is very popular in India | some people think cricket is boring

Noun: cricketer

a professional cricketer

cycling /ˈsaɪk(ə)lɪŋ/ Noun uncount

cycling is a sport in which riders go as fast as they can in order to be the first one to reach the end

his brother is very good at cycling | the Tour de France is the most famous cycling race | she goes cycling three times a week

exciting /ɪk'saɪtɪŋ/ Adjective

if something is **exciting**, it makes you feel happy and interested

an exciting ride at the theme park | Moscow is a very exciting city | the football match was really exciting | my first week at university was very exciting | it was an exciting match to watch

Adjective: *excited*

excited about (doing) something | excited by something

I'm really excited about starting my new job | some people looked excited, but a few were afraid | she was excited by the idea of working for the BBC

football /'fʊtˌbɔːl/ Noun uncount

football is a game played outdoors. Players try to kick the ball into a net at each end of the pitch (area where they are playing)

a football match | she plays football for her school team | football fans (people who go to watch football matches) | a football pitch (the area of grass where the match happens)

ice hockey /'aɪs ˌhɒki/ Noun uncount

ice hockey is a game played on ice. Players have sticks and try to hit a puck (round flat object) into a net at each end of the rink (area of ice where they are playing)

they play ice hockey in Canada | ice hockey is a very dangerous sport | I was too scared to try playing ice hockey

running /'rʌnɪŋ/ Noun uncount

running is a sport in which you try to run faster than all the other competitors

a running race | she's very good at running | I don't like running - I prefer playing chess

sailing /'seɪlɪŋ/ Noun uncount

sailing is a sport in which you try to sail a boat faster than all the other competitors

I can't swim so I don't like sailing | I went sailing on a big lake near my house | I like sailing, but I prefer football | his hobbies include sailing, golf and tennis

skiing /'skiːɪŋ/ Noun uncount

skiing is a sport in which you slide down mountains covered in snow wearing skis (long, thin, flat boards attached to your feet)

we go skiing every January | a skiing holiday | he broke his leg skiing

snow /snoʊ/ Noun uncount

snow is cold and white, falls from the sky like rain and lies on the ground

heavy snow

the garden is covered in snow | there was heavy snow last night | it's unusual to have snow in April | the airport was closed because of snow | we walked through the deep snow | 20 centimetres of snow fell in the night

Verb: *snow* | Adjective: *snowy*

it started to snow before we got home | Do you think it's going to snow? | it's very snowy outside

surfing /'sɜːfɪŋ/ Noun uncount

surfing is a sport in which you ride on a flat board on waves in the sea

I'm going to Cornwall to do some surfing | it was too cold to go surfing | I did a lot of surfing in California last summer | this beach is good for surfing

team /tiːm/ Noun

a **team** is a group of people who are doing a sport

my favourite football team is Aston Villa | Who's your favourite football team? | I'm captain of the school basketball team | there are 11 players in a cricket team | my team came third in the championship

tennis /'tenɪs/ Noun uncount

tennis is a sport in which players hit a ball over a net at each other

a tennis match | my favourite tennis player is Roger Federer | I play tennis every weekend | a game of tennis | we watched some tennis on TV | Do you like tennis?

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allotment /ə'lɒtmənt/ Noun

an **allotment** is a place where people can rent a small area of land for growing vegetables and fruit

there are 60 plots (individual areas) on the allotment here | they're building a new fence round the allotment | please keep the allotment gates locked | we ate vegetables from the allotment all through the summer

concert /'kɒnsət/ Noun

a **concert** is an event in which people play music for an audience to listen to

my mum took me to a concert for my birthday | a lot of people are travelling to Wembley for the big concert | I'm going to a concert on Saturday | the band are giving a concert in London | a rock concert | I've got tickets for a pop concert

frisbee /'frɪzbi/ Noun

a **frisbee** is a round, flat, plastic object that people throw to each other as a game

let's play frisbee | she jumped up and caught the frisbee | I threw the frisbee to Tom | the frisbee went over my head and I had to jump to catch it

snowboarding /'snoʊˌbɔːdɪŋ/ Noun uncount

snowboarding is the sport of travelling downhill over snow on a wide board

snowboarding is a popular sport in Colorado | snowboarding is great fun | snowboarding is harder than skiing | I always wear a helmet when I'm snowboarding

Noun: *snowboarder* | Noun: *snowboard*

she's a very keen snowboarder | I bought a new snowboard

ukulele /juːkə'leɪli/ Noun

a **ukulele** is a musical instrument that looks like a very small guitar

I'm learning to play the ukulele | she bought a ukulele on eBay | his hobby is playing the ukulele